





Introduction

This Spiritual Reflection guide is a resource for teachers to share with students of Mini Vinnies groups or within a Religious Education class.

Each week of the liturgical year provides notes for teachers and handouts for students relating the week's scripture readings to the Mini Vinnies or Vincentian experience.

Each week can be used independently of each other.

We hope you find this Spiritual Reflection guide a useful resource.

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Our Patron, Founders and Inspiration

The Patron Saint of the Society - Vincent de Paul

The Patron Saint of the Society - Vincent de Paul Date of birth - 24 April 1581 Place of birth - Pouy, France Parentage - Peasants, worked on a farm Death - 27 September 1660 Occupation - Priest and servant of the poor Canonisation - 1737 Feast day - 27 September



Vincent was born poor and initially longed for a life of wealth.

He was also intelligent and became a priest to pave the way from need to nobility. On the journey, he underwent a difficult spiritual crisis that resulted in a desire to help the poor.

Exalted positions such as chaplain to the Queen's court and tutor to the wealthy de Gondi family were not fulfilling to him. The profit of an ecclesiastical career was abandoned for a parish and for work with the marginalised and forgotten.

Vincent instituted an order of priests (the Congregation of the Mission or Vincentians) whose mission it was to share Jesus' good news to the villages through preaching and service. With Louise de Marillac, he co-founded the Daughters of Charity.

Vincent pledged his life to the sick and insane, orphans and old people, beggars and the starving, prisoners and galley slaves. There was no form of poverty - physical, emotional or spiritual - which he did not try to alleviate.

Most of all, though, he was committed to the poor sinful men and women who did not know what great love God had for them.



Our Patron, Founders and Inspiration

The man behind the Society - Antoine Frederic Ozanam

Date of birth - 23 April 1813 Place of birth - Milan (French territory at this time) Death - 8 September 1853 Parentage - Jean Antoine Ozanam, doctor and Marie Nantas, heiress to silk business Canonisation as a saint - Beatified in 1997 Occupation - Lawyer and Professor of Letters, husband and father



In Paris on 23 April 1833, a group of six university students met with a middle-aged journalist, Emmanuel Bailly, in his office, to form a group to be called the Conference of Charity.

The leader of the group of students was Frederic Ozanam, who was driven by a deep desire to find a way to help build the faith of his peers. Their purpose was simple: as a small group of friends, they would become servants of the poor in Paris just as Jesus Christ had been servant to the people of his time.

Frederic must have mentioned at that first meeting that only recently, while speaking in defence of the Church in some fiery debates at the university, he was challenged by a young socialist with the demanding words, "What are you doing for the poor now? Show us your works!"

Frederic realised that talk alone would never give full witness to the truth. He acted on this immediately - that same night he and some friends pooled what money they had and bought firewood for a poor family.

He continued leading the group with the help of Sr Rosalie Rendu, who assisted them to meet the poor in Paris.

Their efforts grew and developed. Others were moved by their example to commit themselves to serving the poor. The Society grew with a firm practical commitment to providing charity with justice to any person in need.

They chose to call their group the Society of St Vincent de Paul, based upon the exemplary charitable life led by St Vincent de Paul.

Frederic's life was very active, but not solely based in the Society he founded. In 1839 he completed his thesis on Dante, which led to his appointment as lecturer of foreign literature as well as law at the University of Lyon. He considered joining the Dominican order, but instead chose to marry Amelie Soulacroix in June 1841.

Frederic's health had always been poor. Under the strain of considerable literary work (including many calls for social justice), he continued lecturing and service to the poor through the Society, his health finally gave out. He died in 1853, aged 40.



Our Patron, Founders and Inspiration

The woman with experience - Sr Rosalie Rendu

Date of birth - 9 September 1787 Place of birth - Comfort, France Parentage - Successful business Occupation - Daughter of Charity Death - 7 February 1856 Canonisation as a saint - Beatified in 2003

As a novice, Sr Rosalie was a sensitive and nervous person.

She would have seemed an unlikely woman to spend 50 years of her life helping Paris's most impoverished.

When, in 1803, she arrived in one of the poorest neighbourhoods of Paris, she was horrified by the poverty caused as a result of the civil revolution. She and her sisters distributed relief in the form of clothing, food and linen, and ran a school for children. She also used her energy to pressure the authorities and to involve others in her work.

Through Rosalie's assistance, Frederic and his companions made their first contact with the poor. Because Rosalie's good work had made her a recognised household name, the new group gained an instant respect which they would not have had otherwise.



Our Patron, Founders and Inspiration

The woman behind the Saint - Louise de Marillac

Date of birth - 12 August 1591 Place of birth - Auvergne, France Parentage - nobility, but illegitimate Occupation - Wife and mother, founder oft the Daughters of Charity Canonisation as a saint - 1934 Death - 15 March, 1660



Louise was a wealthy widow who became a close friend and confidante of Vincent. She founded with him the Daughters of Charity.

During Louise's marriage, and especially after the death of her husband, Louise found herself with spare time which she dedicated to helping abandoned children on the streets.

She graduated to visiting the sick men of the chain gangs in their prison hospice (a truly horrible place) and started a house nearby where a number of women cooked food for those who visited the prisoners daily to take with them.

Throughout the country, centres staffed by wives of people in the village were set up to serve the poor. Louise pushed for every village to have its own clinic, school, nurse and teacher.

The women who came to do these jobs made up the Daughters of Charity. It was a revolutionary order of sisters who left their convents to work on the streets and in the homes of the poor. At the time, this was a truly scandalous thing to do.

Louise worked with untiring devotion fostering in her sisters respect for the individual, friendliness, devotion, no condescension, but just unlimited patience and compassion.



4th Sunday in Ordinary Time

Materials needed for the activity Extra pieces of paper Pencils and Textas

Teacher's Notes

- A prophet is a person who speaks as an interpreter through whom the will of God is expressed.
- Students can be prophets by spreading the news about the will of God.
- Students can do this through the work of the St Vincent de Paul Society especially in their Mini Vinnies groups.
- The work of helping people in need is an example of living out the most important commandment of all, "Love one another as I have loved you."

Frederic Ozanam was active in spreading the news about the will of God, not only through his work of helping people in need, but by writing about the works which he did, his ideas and his hopes.

Frederic writes the following to Amelie, his wife:

"Now then, my well-beloved, in comparing and discussing all the diverse reflections, I am strong in this belief in my vocation of which all the events of my latest years render me more certain. Truth has no need of me, but I have need of it. The cause of Christian knowledge, the cause of the faith, is what I hold to the roots of my heart; and in any way I can serve it, I will be worthily employed the years accounted me on the earth."



4th Sunday in Ordinary Time

Activity

The Lord said to Moses:

"I will choose one of their own people to be a prophet like you.

I will give my message to that prophet,

who will tell the people exactly what I have said.

That prophet will speak in my name,

and anyone who doesn't obey the message will have to answer to me."

Deuteronomy 18:18-19

Some things to think about...

- What is a prophet?
- How can we be prophets in the world today?
- How did Frederic Ozanam spread God's word?

We can all be prophets in the world today and spread the Good News.

Design a poster to spread the news about the 'Good Works' of Vinnies. You might even want to make the poster on a larger piece of paper and hang them around your school for everyone to see.



5th Sunday in Ordinary Time

Teacher's Notes

- The Good News is found throughout the Bible, and especially in the Gospels.
- Some examples of the Good News that Jesus spreads are:

1. The Beatitudes:

Blessed are the poor in spirit: for theirs is the kingdom of heaven. Blessed are the meek: for they shall posses the land. Blessed are they who mourn: for they shall be comforted. Blessed are they that hunger and thirst after justice: for they shall have their fill. Blessed are the merciful: for they shall obtain mercy. Blessed are the merciful: for they shall obtain mercy. Blessed are the clean of heart: for they shall see God. Blessed are the peacemakers: for they shall be called the children of God. Blessed are they that suffer persecution for justice' sake, for theirs is the kingdom of heaven.

Matthew 5: 3-10

Green and brown crepe paper White paper Textas Glue Scissors Cardboard

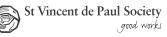
Materials needed for the activity

2. Another example:

"The Spirit of the Lord is upon me, because he has chosen me to bring good news to the poor. He has sent me to proclaim liberty to the captives and recovery of sight to the blind,

To set free the oppressed and announce that the time has come when the Lord will save his people"

Luke 4:18-19



5th Sunday in Ordinary Time

Jesus got up and went to a place where he could be alone and pray.

Simon and the others started looking for him.

And when they found him, they said, "Everyone is looking for you!"

Jesus replied, "We must go to the nearby towns, so that I can tell the good news to those people. This is why I have come."

Mark 1:29-39

Some things to think about...

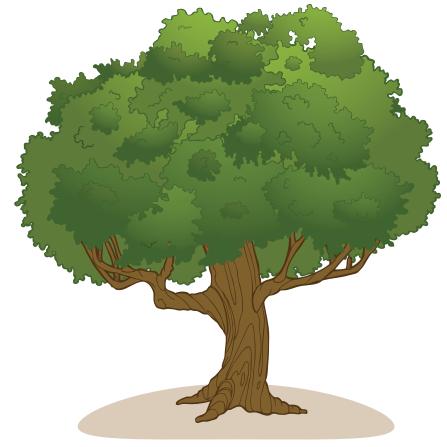
What is the Good News that Jesus speaks of?

- How does your Mini Vinnies group spread the good news?
- How can you spread the Good News that Jesus talks about to your family and friends outside of your Mini Vinnies group?

Activity

Design a Good News Tree

- Using the materials provided by your teacher, create a tree on the cardboard.
- Using the white paper, place on the tree the good news that Jesus speaks of.



6th Sunday in Ordinary Time

Teacher's Notes

• Frederic wrote about his patron, St Vincent de Paul:

"A patron ... is a model one must strive to imitate, as he himself imitated the model of Jesus Christ. He is a life to be carried on, a heart in which one's own heart is enkindled, an intelligence from which light should be sought; he is a model on earth and a protector in heaven."

• Frederic was also inspired by and followed the example of Sr Rosalie Rendu.

"Frederic sought out Sr Rosalie Rendu, a Daughter of Charity of St Vincent de Paul who worked with the poor in the Mouffetard district of Paris. She became the mentor for Frederic's apostolic work as a layman.

She taught him how to minister to the poor with love, respecting their dignity as human beings created in God's image and likeness. She instructed him that , above all, he was not to judge the poor."

Alternate Activity:

Write a prayer for those persons closest to you.Write down their names, or gather their pictures around you.Ask yourself, how am I an example of (name an important quality) to this person?What does this person need from me, at this time?As you finish your prayer, recall each person and say a special prayer for them.

Taken from "Reflections on the Life of Blessed Frederic Ozanam"



6th Sunday in Ordinary Time

Activity

"I always try to please others instead of myself, in the hope that many of them will be saved. You must follow my example, as I follow the example of Christ"

St Paul to the Corinthians 11:1

Some things to think about...

- Frederic Ozanam and St Vincent de Paul followed the example of Christ.
- Frederic also followed the example of St Vincent de Paul and Sr Rosalie Rendu.
- What is the example that Christ sets for us?
- Is following the example of Christ hard sometimes?
- How in our Mini Vinnies work can we follow the example of Christ?

You might like to read this prayer at a school assembly to share with others.



Write a prayer asking for help to follow the example of Christ, not only in our Mini Vinnies work, but in all our activities.

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7th Sunday in Ordinary Time

Materials needed for the activity Pieces of paper Pencils and Textas Bowl that can withstand flame Matches (to be used by adults only)

Teacher's Notes

Everybody sins - St Vincent de Paul himself sinned many times in his life.

"In later life, Vincent was humble enough to admit that the rise in the social scale that came with his study for the priesthood at Toulouse University was very congenial to his nature. There were even occasions, he admitted, where he avoided his shabbily dressed father on his visits to see him. My "great sin" of snobbishness was how Vincent spoke of it."

> Taken from "St Vincent de Paul Apostle of Charity"



7th Sunday in Ordinary Time

Jesus was still teaching when four people came up, carrying a crippled man on a mat. But because of the crowd, they could not get him to Jesus.

So they made a hole in the roof above him and let the man down in front of everyone.

When Jesus saw how much faith they had, he said to the crippled man, "My friend, your sins are forgiven."

Mark 2:1-12

Some things to think about...

- Everybody has sins nobody is perfect.
- We all should ask God for forgiveness from our sins.
- Can you think of something you may have done that you need to ask forgiveness from God?

Activity

An offering ...

In your Mini Vinnies group, form a circle.

Place a bowl in the middle of the circle.

Your teacher will give you a piece of paper and a pen. On the piece of paper, write down something that you want to ask forgiveness for. Fold it, and place it in the bowl in the middle.

Once everyone has placed their paper in the bowl in the middle, your teacher will burn these requests for forgivness as an offering to God.

This is your own personal offering so nobody else needs to know what you wrote.

God knows.

St Vincent de Paul Society good works

8th Sunday in Ordinary Time

Materials needed for the activity Paper Pens

- Fasting is going without food for a period of time
- We fast to remind us that everything we have, even food to eat, is a gift from God
- In Jesus' time people fasted because they needed to purify themselves
- Jesus wanted people to spend time with him rather than worry about performing rituals
- Lent is a time when we fast or give up things that we enjoy in order to remind us that we are dependent on God



8th Sunday in Ordinary Time

Activity

The followers of John the Baptist and the Pharisees often went without eating. Some people came and asked Jesus, "Why do the followers of John and those of the Pharisees often go without eating while your disciples never do?"

Jesus answered:

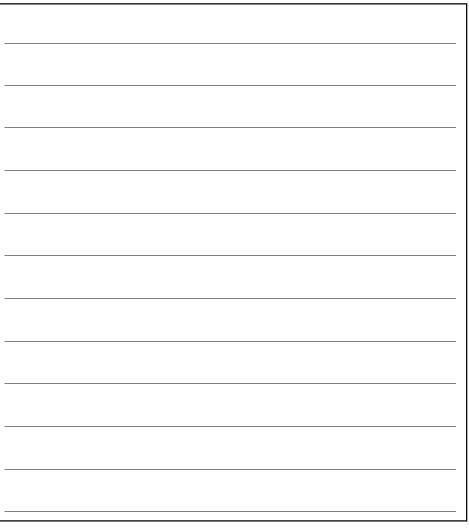
"The friends of a bridegroom don't go without eating while he is still with them. But the time will come when he will be taken from them. Then they will go with out eating.

Mark 2:18-22

Some things to think about...

- Jesus said that his friends were not to be sad while he was with them
- He said that when he left his disciples they would be sad and fast
- Lent is a time when people give up things and fast

Make a list of things that you could give up for Lent





Ist Sunday in Lent

Materials needed for the activity Coloured pencils / textas / crayons Paper

- The rainbow is a symbol of God's covenant with us
- A Rainbow can also be a symbol of hope
- God's promise was to look after his people and never give up on them again.



Ist Sunday in Lent

God told Noah and his sons:

"I am going to make a solemn promise to you and to all who will live after you. This includes the birds and animals that came out of the boat. I promise every living creature on earth that the earth and those living on it will never again be destroyed by a flood.

"The rainbow that I have put in the sky will be my sign to you and to every living creature on earth. It will tell you that I will keep this solemn promise forever. When I send clouds to cover the earth, and the rainbow appears in the sky, I will remember my promise to you and to all other living creatures. Never again will I let flood waters destroy all life."

Genesis 9:8-15

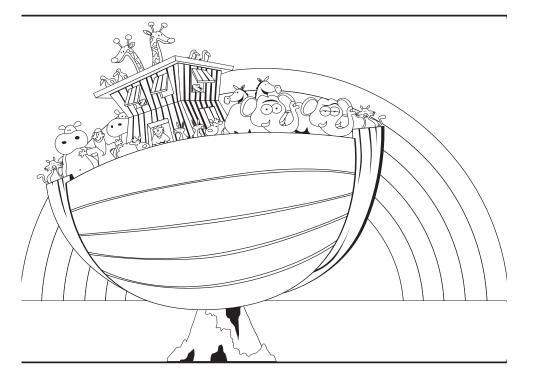
Something to think about

In what ways can we be like rainbows, symbols of hope for those around us?

Activity

Draw a rainbow and on each band of colour write down one of the ways you can be a sign of hope in the world today.

Hang your rainbows of hope around the classroom





2nd Sunday in Lent

- Jesus was transfigured before his disciples and this gave them a taste of what it would be like in heaven
- The disciples wanted to stay there because it was good to be with Jesus as he would be in heaven
- Spending time in prayer or at mass can be ways that we spend time with God but we can also find God inside every person that we meet, especially those that we serve.
- Doing what Jesus said means "loving one another as he has loved us"
- Saints are people who are recognised by the Church as living holy lives
- Jesus was transfigured before his disciples and this gave them a taste of what it would be like in heaven
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- Spending time in prayer or at mass can be ways that we spend time with God but we can also find God inside every person that we meet, especially those that we serve.
- Doing what Jesus said means "loving one another as he has loved us"
- Saints are people who are recognised by the Church as living holy lives.
- There are people around us who also live holy lives. For example: parents, teachers, priests, sisters, members of the St Vincent de Paul Society



2nd Sunday in Lent

Jesus took Peter, James, and John with him and went up a high mountain, where they could be alone. There in front of his disciples, Jesus was completely changed. And his clothes became much whiter than any bleach could make them. Then Moses and Elijah were there talking with Jesus.

Peter said to Jesus, "Teacher it is good for us to be here!"... The shadow of a cloud passed over and covered them. From the cloud a voice said, "This is my Son, and I love him. Listen to what he says!" At once the disciples looked around but they only saw Jesus.

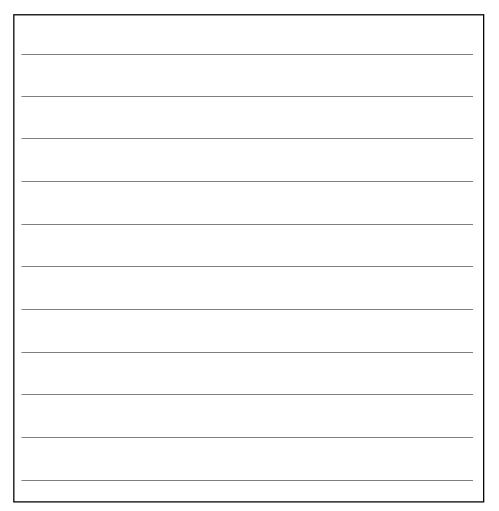
Mark 9:2-10

Some things to think about...

- Peter said it was good to be with Jesus. In what ways do we spend time with Jesus?
- Do we do what Jesus says?

Activity

Make a list of people that you know who do what Jesus wants and what they teach you by their example.





3rd Sunday in Lent

Teacher's Notes

Materials needed for the activity Wax paper Cardboard Scissors Iron (for teacher use only) Coloured pencils/ textas/ crayons

- Jesus was angry because people were using the temple for selling things and making money rather than praying
- Jesus did not have anything against the marketplace but he knew it needed to be separated from the place of prayer
- Jesus saw it as important to make time in our lives to spend with God.



3rd Sunday in Lent

"Not long before the Jewish festival of the Passover, Jesus went into Jerusalem. There he found people selling cattle, sheep, and doves in the temple. He also saw money changers sitting at their tables. So he took some rope and made a whip. Then he chased everyone out of the temple, together with their sheep and cattle. He turned over the tables of the money changers and scattered their coins.

Jesus said to the people who had been selling doves, "Get those doves out of here! Don't make my father's house a market place."

John 2:13-22

Some things to think about...

- Jesus was angry because people were using the temple as a market which was not respecting it
- Do you respect God's house, the church?
- How often do you spend time with God?

Activity

Make a stained glass window:

- Draw a picture of a stained glass window on one sheet of wax paper.
- Place another sheet over it
- Get your teacher to iron over your picture on the hot setting.
- Make a frame for the picture out of the cardboard and place the picture in it.
- Hang the picture where the sun can shine through it



4th Sunday in Lent

Materials needed for the activity Coloured sheets of paper (1 per student) Brown paper bags Textas / Crayons / Pencils Scissors

- God's love for us is so great that he was willing to give up his only son for us.
- God calls us to love each other with a similar, self-sacrificing love.
- St Vincent de Paul once said:
- "God loves the poor and consequently He loves those who have an affection for the poor. For when we love anyone very much we become God's friends and servants."
- Members of the St Vincent de Paul Society are encouraged to look for Christ in the poor and love them.
- The core work of the St Vincent de Paul Society is home visitation. Home visitation is about more than providing material assistance to people in need. It is primarily about building friendships with people who are lonely and isolated. Home visitation is about meeting Christ in the poor and loving them without judgement. Through this act of love and service we live out our Catholic faith.



4th Sunday in Lent

Jesus told Nicodemus:

"God loved the people of this world so much that he gave his only Son, so that everyone who has faith in him will have eternal life and never die.

God did not send his Son into the world to condemn its people. He sent him to save them!"

John 3:16-17

Activity

- Cut a piece of coloured paper into 7 pieces.
- On each piece of paper write down a good deed, a sacrifice or a prayer that you can perform this week.
- Decorate a brown paper bag and once you have finished, fill your paper bag with the 7 slips of paper.
- Every morning this week pull out one of the slips of paper from your bag and perform the activity you wrote on it.

Some things to think about ...

- God loves us so much that he was prepared to give up his only son to save us.
- What are some of the things that you would be prepared to give up for those you love?
- What are some of the sacrifices your parents make for you?
- What are some of the sacrifices you make for others in your Mini-Vinnies work?





5th Sunday in Lent

- Following Jesus does not simply mean going to Mass on Sunday, praying or preaching the Good News of the Gospels. To really follow Jesus we need to put our faith and the message of the Gospels into action.
- Some of the ways this passage suggests we might follow Christ are to act with justice, to free the oppressed, to share our possessions with the poor and to love and welcome each other.
- The St Vincent de Paul Society is based on the premise of "Faith in Action".
- While Frederic Ozanam was a university student he was challenged by his non-Christian peers who posed the question to him: "What is the Church doing for the poor in Paris?" Frederic took this stinging criticism to heart. It played on his conscience that for all their discussions about the Church and the poor at their conferences, little was being done in practice. (*Lila El-Hage*)
- It was from this challenge that Frederic Ozanam and his Society began practising their Good Works and acting out their Christian faith.



5th Sunday in Lent

Activity

The Lord says this:

I'll tell you what it really means to worship the Lord. Remove the chains of prisoners who are chained unjustly. Free those who are abused!

Share your food with everyone who is hungry: share your home with the poor and homeless. Give clothes to those in need; don't turn away your relatives.

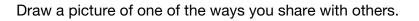
Then your light will shine like the dawning sun, and you will quickly be healed. Your honesty will protect you as you advance, and the glory of the Lord will defend you from behind.

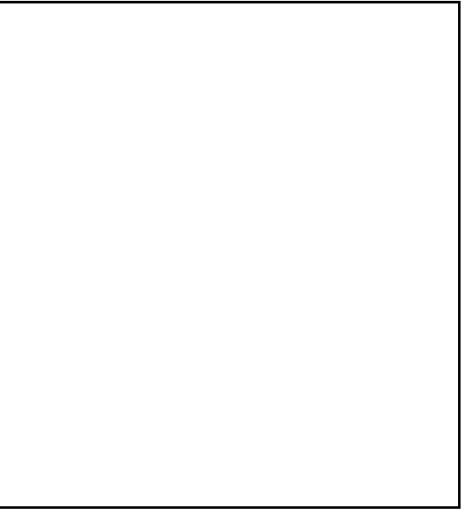
Then you will call for help, and the Lord will answer, "Here I am!" Don't oppress others or falsely accuse them or say cruel things.

Isaiah 58:6-9

Some things to think about ...

- Who are some of the people in our community who might be considered "chained unjustly" or "abused"?
- In what ways do you share who you are and what you have with others at home? At School? In your mini Vinnies group?





Palm Sunday

Materials needed for the activity Coloured Paper Textas

- In the preceding text of this week's scripture Jesus instructs his disciples to go into Jerusalem and retrieve a donkey which has never been ridden before.
- The disciples carry out what seem to be a rather strange request. As they do, they find that everything is as Jesus said it would be. This is one little sign that Jesus while completely human was also completely divine. He was the human son of God.
- The people in Jerusalem begin to recognise who Jesus really is through the miracles he has performed and through his preaching. As he enters they treat him like we today treat a rock star—they lined the streets, laid down their cloaks (almost like a red carpet) and shouted out praise. Although unlike the cheers a praise a rock star receives, the praise being shouted to Jesus was praise of God.
- God is present in each of us. Mother Teresa said that if we could see the presence of God in each human we would bow down before all. If we all had such vision there would be no poor or disadvantaged people as we'd treat everyone with great respect and dignity.



Palm Sunday

So they brought the colt to Jesus and put their cloaks over it. And he sat on it.

Many people spread their cloaks on the road,

and others spread leafy branches

that they had cut from the fields.

Those preceding him as well as those following kept crying out: "Hosanna!

Blessed is he who comes in the name of the Lord!

Blessed is the kingdom of our father David that is to come! Hosanna in the highest!"

John 12: 14-16

Some things to think about ...

- · Jesus was welcomed to Jerusalem so warmly because the people began to understand that he was the Son of God.
- We should love each person we meet, especially poor and disadvantaged as we are all sons and daughter of God.

Activity

In the Gospel story the people took off the cloaks and threw them on the ground as a sign of their love and respect for Jesus.

What are some things we can do for others as a sign of our love and respect for them?

You could write someone who is lonely a card or draw them a picture You could give your parents extra help this week at home What are other things we can do to show love and respect?





Easter Sunday

Materials needed for the activity: Blown eggs (1 per student) - to blow eggs, make a small hole in one end of the egg and a larger one in the other using a large needle. Then gently blow the contents into a bowl. Large twigs Plasticine or an oasis from the florist Glitter Foil Paint / textas Ribbons

- Easter Sunday celebrates the resurrection of Jesus and is the most holy day in the Catholic religion.
- There are many symbols used during the Easter week that remind Christians of the original Easter events and their meaning.

Some Easter Symbols:

Teacher's Notes

- The Crucifix symbolizes the sacrifice Jesus made by allowing Himself to be killed
- An empty cross reminds Christians of Jesus' victory over death and the new life and hope this victory brings to believers
- Candles are burned during Easter celebrations—Christians associate Jesus with the light, calling Him "the Light of the World"
- The Paschal Candle is lit on Easter Sunday and represents Jesus' return to life
- Eggs Christians adopted the egg as an Easter symbol because of the relationship between Easter and the renewal of life



Glue

Easter Sunday

On Sunday morning while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been rolled away from the entrance. She ran to Simon Peter and to Jesus' favourite disciple and said, "They have taken the Lord from the tomb! We don't know where they have put him."

Peter and the other disciple started for the tomb. They ran side by side, until the other disciple ran faster than Peter and got there first. He bent over and saw the strips of linen cloth lying inside the tomb, but he did not go in.

When Simon Peter got there, he went into the tomb and saw the strips of cloth. He also saw the piece of cloth that had been used to cover Jesus' face. It was rolled up and in a place by itself. The disciple who got there first then went into the tomb, and when he saw it, he believed. At that time Peter and the other disciple did not know that the Scriptures said Jesus would rise to life.

John 20:1-9

Some things to think about...

- Eggs are one of the symbols of Easter. Eggs are a symbol of new life and also remind Christians of the stone that was rolled away from the entrance of the tomb.
- What are some other symbols of Easter?

Activity

An Easter Tree

- Decorate the blown egg that your teacher gives you. You may wish to cover the egg with glue and roll it in glitter or use textas / paint to colour it.
- Once you have decorated the egg, glue a piece of ribbon lengthways around the egg and tie it at the top, leaving enough ribbon to make a loop at the top.
- Stick the twigs in the plasticine or an oasis to make the branches of a tree.
- Using the ribbon at the top of your egg, make a loop and hang your decorated egg on one of the branches of the tree.



2nd Sunday of Easter

Materials needed for the activity Quiet thinking area –some candles and prayer cloths to create a prayer space.

- Sometimes it can be hard to believe in things that we can't see. It is easy to identify with Thomas in his doubting that Jesus had come back to life it really did defy logic!
- This is where faith makes the difference, we have faith in Jesus and know he is alive even though we can't see him. We believe in the promise that Jesus made to his disciples "I am with you always; yes, to the end of time." Matthew 28:20
- It can be just as hard to have faith and believe that our good works make a difference to the lives of people who are living in poverty or with significant disadvantage.
- The rebuilding of broken lives and hearts can takes months and years of loving support and encouragement. St Vincent de Paul tells us that absolute humility and "gentle patience is demanded of us." When visiting with the poor. Faith is the key ingredient, believing the God is working thorough our actions and words, even when we can't see any tangible effect.



2nd Sunday of Easter

Thomas, called Didymus, one of the Twelve, was not with them when Jesus came. So the other disciples said to him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands and put my finger into the nail marks and put my hand into his side, I will not believe." Now a week later his disciples were again inside and Thomas was with them. Jesus came, although the doors were locked, and stood in their midst and said, "Peace be with you."

Then he said to Thomas, "Put your finger here and see my hands,

and bring your hand and put it into my side,

and do not be unbelieving, but believe."

Thomas answered and said to him, "My Lord and my God!"

Jesus said to him, "Have you come to believe because you have seen me?

Blessed are those who have not seen and have believed."

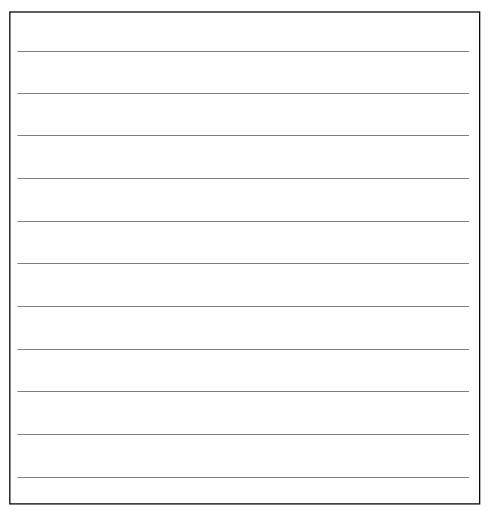
John 20:19-31

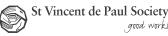
Some things to think about...

- Think of some things that we know are there even though we cannot see them. Eg wind, thunder, currents in the ocean.
- We know that wind is there because we see its effects—leaves on tress move, washing on the line flaps and dust is moved across the street. We have faith in God and we feel His presence through the love of our parents, through a beautiful sunset, or the forgiveness of a friend we've hurt.

Activity

Think of a time when you have felt the love of God through another person. Write a prayer to God thanking Him for this special person.





3rd Sunday in Easter

Teacher's Notes

Challenged to show their faith in action, Frederic and his room mate Auguste thought, "There must be a few old people feeling cold these days. Could we collect some firewood for them?" They knew of an old man living in an attic a few doors away. There and then they loaded their arms with their own firewood and took it to him. Despite the old man's pressing them to stay, they left for home immediately. Thinking about it afterwards, Frederic said, "The old man just wanted somebody to talk to. Next time we won't rush so much. We'll go earlier in the evening and stay a while."

- Ozanam and Us: 25 Spiritual Reflections

- Helping others can be a little daunting sometimes.
- They might not want or need our help.
- They might be too embarrassed or proud to receive help.
- They might react unexpectedly to the help on offer.
- When helping others it is important to ask what help is needed.
- You can get this information from your local St Vincent de Paul Conference in your Parish.
- These Conference members go out into the community helping people in need when they ask for assistance.
- You could even ask a member from the local Vinnies Conference to come to your school to talk about the work they do in the community.



3rd Sunday in Easter

Luke 24

The disciples from Emmaus told what happened on the road and how they knew he was the Lord when he broke the bread. While Jesus' disciples were talking about what had happened, Jesus appeared to them and said, "May God give you peace!" They were frightened and terrified because they thought they were seeing a ghost. Jesus showed them his hands and his feet. The disciples were so glad and amazed that they could not believe it. Jesus told them: "The Scriptures say that the Messiah must suffer, then three days later he will rise from death. They also say that all people of every nation must be told in my name to turn to God, in order to be forgiven. So beginning in Jerusalem, you must tell everything that has happened."

Some things to think about...

- Sometimes we are frightened of the unknown. The disciples were frightened at first, but then felt safe when they knew it was Jesus speaking with them.
- Going out to "all the nations" and speaking the Word of God can be frightening also.
- Frederic was scared when he went on his first home visitation to help the poor, but with the help and support of friends, he kept going.

Activity

Write a list of some of the things that might frighten you, especially when it comes to new things, like helping someone you don't know.

You might like to share these with your Mini Vinnies group and then together say a prayer for support and guidance through your fears.



Materials needed for the activity Pens

4th Sunday in Easter

- The St Vincent de Paul Society has many facilities which offer assistance and support for people who have very little support in the community.
- Some examples include:
- The Matthew Talbot Hostel is Sydney's largest hostel for homeless men, based in Woolloomooloo. The main hostel has 110 beds and serves over 1,000 free meals each day. There are also several outreach houses providing stepping stones to independent living.
- Aged Care Services Due to the Australian population living longer, the demand on aged care services is increasing. The St Vincent de Paul Society has a strong commitment to the provision of aged care facilities, especially for those from disadvantaged backgrounds.
- Migrants & Refugees The St Vincent de Paul Society plays an active part in helping newly arrived migrants, refugees and asylum seekers at a time when assistance is crucial to them. In addition to short-term accommodation for recently arrived migrants and refugees, our service provides ongoing education, counselling, immigration advice and material assistance.
- You can find out more information about the services that Vinnies offers at www.vinnies.org.au
- Caring for others can begin in the school yard, treating other students with care and respect.



4th Sunday in Easter

Activity

Some of the ways Vinnies helps others are through:

Refuges for men, women and children,

Aged care facilities,

Assistance for new migrant and refugee families

Through our Mini Vinnies group, how can we care for others, like Jesus as the shepherd who cares for us, the sheep in his flock?

John 10:11-16

Jesus said to his disciples:

"I am the good shepherd.

I know my sheep, and they know me.

Just as the Father knows me, I know the Father, and I give up my life for my sheep.

I have other sheep that are not in this sheep pen.

I must bring them together too, when they hear my voice. Then there will be one flock of sheep and one shepherd."

Some things to think about...

- Jesus is the shepherd and we are his sheep.
- He looks after us like a shepherd looks after his flock.
- Vinnies helps to look after people in need in the community who have no one else to care for them.



5th Sunday in Easter

- You're right when you speak of the past: in earlier centuries Christianity worked wonders. But what is it doing for people today?
- And you, you pride yourself on being a good Catholic, what are you doing that shows your faith is anything more than fine words?"
- This was the challenge, thrown out at Frederic Ozanam by his fellow university students. He was moved: "Yes, there is something lacking without which we cannot expect that our apostolate may be blessed by God... We must do what our Lord did when preaching the Gospel. Let us go to the poor ... The blessing of the poor is the blessing of God." Ozanam and Us: 25 Spiritual Reflections
- This challenge is one that can be put to each of us as followers of Jesus.
- Putting our faith into action as a response to this challenge can be as simple as being a part of the Mini Vinnies group in the school.
- Other activities such as collecting food hampers, clothing appeals, visiting nursing homes, fundraising days etc can help out the St Vincent de Paul Society to help others in need in the community.
- These are opportunities for students to put their faith into action in the wider community.



5th Sunday in Easter

Activity

What does putting your "Faith into Action" mean to you? List some of the ways that you can put your"Faith into Action"

John 3:18

Children, you show love for others by truly helping them, and not merely by talking about it.

Some things to think about...

- It is good to talk about how we will help others and make a difference in our world, but we need to make sure that the talking and ideas are put into action.
- Frederic Ozanam was confronted when he was younger and accused of only talking about what should be done to help people in need.
- He was challenged by one of his peers, "Show us Your Works".
- Frederic was challenged and he realized that he was only talking and wasn't really doing anything in a practical way.
- Frederic decided to put his "Faith into Action" and help people in need in the streets of Paris.



6th Sunday in Easter

Materials needed for the activity Coloured textas Butchers paper or cardboard

- St Vincent de Paul showed his love to all the people who society rejects: the poor, homeless, prisoners, insane, foundlings, etc
- Blessed Frederic was inspired to put Jesus' words into action and showed love to those around him
- Loving others is more than just words, we show we care by putting their needs ahead of our own.
- Sometimes being kind means doing things that makes us a little uncomfortable, like standing up to someone that we know is doing the wrong thing



6th Sunday in Easter

John 15:9-14

Jesus said to his disciples: "I have loved you, just as my Father has loved me. So make sure that I keep on loving you. If you obey me, I will keep loving you, just as my father keeps loving me, because I have obeyed him.

I have told you this to make you as completely happy as I am. Now I tell you to love each other, as I have loved you. The greatest way to show love for friends is to die for them. And you are my friends, if you obey me."

Some things to think about...

- The love between God the Father and Jesus is an example for us
- · Jesus loves us and he showed this by dying for us
- We are called to love others as God loves us
- St Vincent and Blessed Frederic showed their love for others by helping them
- Acts of kindness are ways that we can show our love to the people around us.

Activity

Here are a few ideas:

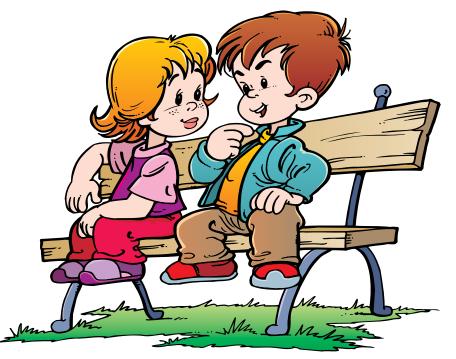
Share your talents. Are you good at something? Show someone else how to do it.

Clean up your lounge room the next time you notice it is messy

Make afternoon tea for the people at a nursing home

Thank someone who does something for you eg the bus driver or the shop assistant

Can you come up with any more? Make a list and display it in your classroom.



Materials needed for the activity Pens

Ascension of the Lord

- At the Ascension Jesus returned to heaven to be with his Father
- Jesus left his disciples to do his work on earth
- We can continue Jesus' work by caring for other people in need in our community
- Mini Vinnies aims to help others in the school community, those in need could be children who are left out by others, or children who don't have the same material goods as others.
- There are other people who are in need in our community eg the elderly, the sick, the homeless



Ascension of the Lord

Mk 16:15-20

Jesus told his disciples: "Go and preach the good news to everyone in the world. Anyone who believes in me and is baptized will be saved. But anyone who refuses to believe in me will be condemned. Everyone who believes me will be able to do marvellous things. "

After the Lord Jesus said these things he was taken back up to heaven where he sat down at the right side of God. Then the disciples left and preached everywhere.

Some things to think about...

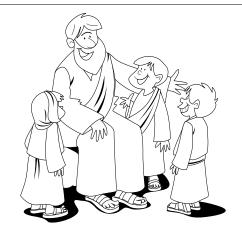
- Jesus wanted his disciples to continue his work
- As baptised people we are also called to continue Jesus' work. How does this make you feel?

Activity

How are you continuing Jesus' work? List one thing you can do yourself and one that your Mini Vinnies group can do to continue Jesus' work.

MYSELF

MINI-VINNIES GROUP





Pentecost Sunday

Materials needed for the activity Cardboard Textas, pencils, crayons Glue Ribbon Coloured paper

• The gifts of the Holy Spirit (Gal 5:22) are:

Love Goodness Joy Faithfulness Peace Gentleness Patience Self-control Kindness.

• These gifts become part of our lives the more we live in the way Jesus wants us to.



Pentecost Sunday

John 20:19-23

After Jesus had greeted them again, he said, "I am sending you, just as the Father has sent me." Then he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, they will be forgiven. But if you don't forgive their sins, they will not be forgiven."

Some things to think about...

- The Holy Spirit is the part of the Trinity with God the Father and Jesus
- The Holy Spirit is a helper to us and shows us how to live as Jesus wants us to

Activity

Gifts of the Spirit

Make a box out of cardboard using the template on the next page – your teacher will explain how to do this. But don't close it yet!

On a separate piece of paper, write down one of the gifts of the Holy Spirit that you would like to give to someone in your mini-Vinnies group.

Put the piece of paper with the gift of the spirit in your box.

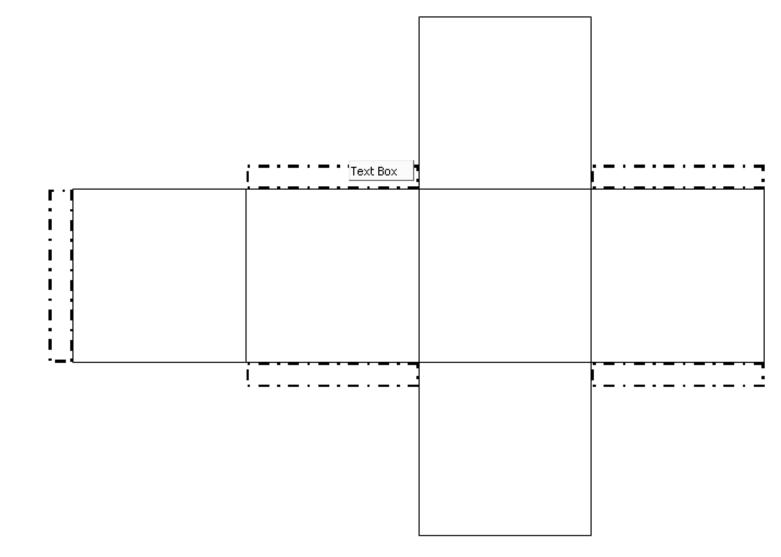
Decorate your box and tie a ribbon around it so it looks like a present.

Give your gift to one of your fellow Mini Vinnies group members and tell them why you chose that gift of the Holy Spirit to give to them. Make sure everyone gets a gift!



Pentecost Sunday

Activity



St Vincent de Paul Society good works



Trinity Sunday

- In this reading Jesus calls on his disciples to go out into the world and make people of all nations followers of Jesus.
- Jesus also calls on his disciples to teach people the lessons that Jesus taught them; lessons of love, service, compassion and forgiveness.
- The very first line of the mission statement of the St Vincent de Paul Society echoes Jesus' commissioning of his disciples in this reading:
- The Mission of the St Vincent de Paul Society in Australia is to deepen the catholic faith of its members to go out into our nation to heighten awareness of Jesus Christ...
- The St Vincent de Paul Society has very much responded to Jesus' call to tell people of all nations about the Good News. From its humble beginnings in Paris in 1833 the St Vincent de Paul Society has spread throughout the world and now boasts an international membership of over one million.
- Members of the St Vincent de Paul Society teach people about Jesus' message of love, service, compassion and forgiveness through their example.
- The Rule of the International Confederation of the St Vincent de Paul Society states that

The vocation of the Society's members, who are called Vincentians, is to follow Christ through service to those in need and so bear witness to His compassionate and liberating love. Members show their commitment through person-to-person contact... No work of charity is foreign to the Society. It includes any form of help that alleviates suffering or deprivation, and promotes human dignity and personal integrity in all their dimensions. The Society serves those in need regardless of creed, ethnic or social background, health, gender, or political opinions



Trinity Sunday

Matthew 28:16-20

Jesus' eleven disciples went to a mountain in Galilee, where Jesus had told them to meet him. They saw him and worshipped him, but some of them doubted.

Jesus came to them and said:

"I have been given all authority in heaven and on earth! Go to the people of all nations and make them my disciples. Baptize them in the name of the Father; the Son, and the Holy Spirit, and teach them everything I have told you.

"I will be with you always, even until the end of the world"

Some Things to Think About...

- Jesus calls on his disciples to go out into the world and teach people about his message of love, service, compassion and forgiveness. In what ways can our Mini-Vinnies group teach other people about Jesus?
- Members of the St Vincent de Paul Society tell people about Jesus through their example of serving and loving the poor.
- Sometimes helping other people is hard. Sometimes we can get teased or picked on for befriending those who are unpopular at school. Jesus tells his disciples that he will be with them always and he makes that promise to us also.

Activity

As a Mini-Vinnies group, brainstorm as many ways as you can think of to teach people about Jesus through your actions. Write your answers on butcher's paper and display it in the classroom

Write a letter to a friend or family member telling them about Jesus and how much he loves them. Place the letter in an envelope and deliver it to them.



St Vincent de Paul Society good works

The Body & Blood of Christ

Materials needed for the activity Pens Also possible outing preparation

Teacher's Notes

- Jesus' words after this meal are full of joy; for he has now given his disciples the food of the Kingdom, food that will sustain them on their future spiritual journey.
- As members of the St Vincent de Paul Society we need this food too for our journey, especially to sustain us when we come across challenges in our work.

Recipe for a Loaf of "Vinnies Homemade Bread"

Mix together all the thoughts that you have heard during your time together in Mini-Vinnies.

Add the yeast of your own desire - that strong desire to serve the poor.

Moisten the mixture so that it will be drawn together in order to get it in shape for the moulding of your daily life in the future.

Knead the mixture well! Keep working at it until you feel that the lump has been saturated not only with your strong desire but with your determination to serve those in need.

Leave the mixture to set a while: In quiet prayer before the Lord, ask for the courage to serve those in need. The dough will rise in proportion to the strength of your desire and the consistency of the mixture.

Then bake your loaf! Have the temperature just right and wait to see what happens.

Taste it - has it come up to your expectations?

Share it and pass it on! That's your contribution to the Society. If each of us bakes and shares our loaf, the homemade bread will never run out.



The Body & Blood of Christ

Mark 14:22-26

During the Passover meal Jesus took some bread in his hands. He blessed the bread and broke it. Then he gave it to his disciples and said,

"Take this. It is my body."

Jesus picked up a cup of wine and gave thanks to God. He then gave it to his disciples and said, "Drink it!"

So they all drank some.

Then he said, "This is my blood, which is poured out for many people, and with it God makes his agreement. From now on I will not drink any wine, until I drink new wine in God's kingdom."

Then they sang a hymn and went out to the Mount of Olives.

Some things to Think About...

• Jesus provides his disciples at this Passover meal with food and drink which will nourish them in their spiritual journey, particularly when things get difficult. What are some of the things that nourish you and keep you going in your work with Mini-Vinnies?

Activity

As a group, plan an event for the coming weeks where you will share food with others. This event might be inviting local nursing home residents to your school for a morning tea, holding a cake stall, sharing lunch together at your next mini-Vinnies meeting etc. Things that you might need to include in your planning:

Permission – make sure you have the permission of your teacher, principal and parents before you go ahead with your event

Promotion – will you need to make posters to put up around the school or send out invitations?

Costs – will the event cost money?

List of items needed

Who brings what?



12th Sunday in Ordinary Time

Materials needed for the activity Coloured paper Textas, crayons, pencils

Teacher's Notes

• We see in this gospel scene Jesus, who is tired and wanted to rest, but the crowds would not give him the rest he wanted; so he decided to escape for a while. Immediately, his disciples took charge. They were so happy to have Jesus to themselves for a change. They all packed into one boat and with the light breeze Jesus soon fell asleep. The breeze soon became a storm and the disciples were frightened. Jesus was so tired he slept and the disciples were concerned for their safety so they woke him. The human Jesus sleeps soundly, but then his divine authority takes over and commands the forces of nature to subside. *(St Vincent de Paul Spiritual Reflection Guide April – June 06)*



Mark 4:35-41

Jesus said to his disciples, "Let's cross to the east side." So they left the crowd, and his disciples started across the lake with him in the boat. Some other boats followed along.

Suddenly a windstorm struck the lake. Waves started splashing into the boat, and it was about to sink.

Jesus was in the back of the boat asleep. His disciples woke him and said, "Teacher, don't you care that we're about to drown?"

Jesus got up and ordered the wind and the waves to be quiet.

The wind stopped, and everything was calm. Jesus asked his disciples, "Why were you afraid? Don't you have any faith?"

Now they were more afraid than ever and said to each other, "Who is this? Even the winds and the waves obey him!"

Some things to think about ...

- In this passage we see a very human Jesus a Jesus who gets tired and needs a break from his work just like we do sometimes. What do you do to relax and re-energise yourself when you feel drained in your life?
- While Jesus slept and the storm came, the disciples became very frightened. What do you do when you are afraid? Who do you turn to? Do you ask God for help?

Activity

On a separate piece of paper draw a picture of a boat on the sea. Around the boat draw bolts of lightning.

On each lightning bolt write down one of your fears.

Underneath your picture write a small prayer asking God for help when you are afraid.

You might like to share your picture and prayer with the rest of the group



St Vincent de Paul Society good works

13th Sunday in Ordinary Time

Materials needed for the activity Paper and textas to make cards Ingredients to make a cake Time and permission forms to visit an elderly person

- In the second reading this week St Paul speaks about giving generously to others, but not to the point of putting oneself into poverty his message is to give sensibly and with much love.
- This reading urges us not to over give, however this doesn't seem to be a problem in our society contrary it is much the other way.
- Often when we donate we give only so much that we won't feel the pinch, when we donate clothing or goods, we give things that have been well used. Giving to the point of placing ourselves into hardship seems to be quite a distant reality.



Activity

Corinthians 8: 13 – 15

"This does not mean that to give relief to others you ought to make things difficult for yourselves: it is a question of balancing what happens with your surplus now against their present need."

Some things to think about...

- What sort of needs to you see at your home, in your class and in your suburb?
- Can you think of some things you could do to love the people who are experiencing these needs?
- When you donate to a charity like Vinnies how much of your surplus of your extra goods do you give?
- If you have no money to give to someone who is needy what are other ways you could assist them?

With your Mini Vinnies group identify someone in your school community who is presently in need. It could be the old lady who lives across the road from your school, your friend whose baby sister is sick, or your teacher whose Mum has just died. Think about what you can do to improve their week.

(This could include, visiting them - with your teacher, making a cake, making a get well card, or simply giving them a hug.)



14th Sunday in Ordinary Time

Materials needed for the activity Local newspapers with articles about injustice Highlighters Scissors Glue Cardboard, textas

- This week's reading speaks of Jesus being despised in his home town. He could not cure anyone there and left the district being amazed by their lack of faith.
- Jesus' struggle in his hometown highlights how difficult it can be to make positive change where you live. Raising money and assisting the poor is one thing but asking questions about why people are poor is another. Charity work is widely accepted, while justice work can sometimes be shunned.
- Brazilian Archbishop Dom Helder Camera encountered resistance when he questioned why people had nothing to eat. "When I gave food to the poor, they called me a saint. When I asked why the poor were hungry, they called me a communist."
- Blessed Frederic Ozanam urges us to follow up on the justice side of the equation. "You must not be content with tiding the poor over the poverty crisis. You must study their condition and injustices which brought about such poverty with the aim of long term improvement."



Activity

Communion Antiphon

Come to me all you that labour and are burdened, and I will give you rest, says the Lord.

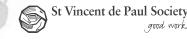
Some things to think about ...

- What does laboured and overburdened mean to you?
- In your hometown, what contributes to people being laboured and overburdened? (This could be a lack of jobs, a lack of houses or lack of public transport.)
- Who is in charge of the jobs, the houses and the public transport?
- Could you communicate with them to let them know you are unhappy that people are laboured and overburdened because of the problems.

Read through the local paper and look for examples of people suffering injustice.

Cut these examples out and stick them on a piece of cardboard

Write some ideas on the cardboard about who you could talk to about the injustice (this could be through writing a letter to the newspaper, writing a letter to the Mayor or local member of Parliament, or making a banner about the issue to hang outside your school with your Mini Vinnies Group. This could be a project that'll last for a few weeks.)



15th Sunday in Ordinary Time

- In this week's Gospel Jesus sends his disciples out in pairs on mission.
- He told them not to take anything with them but the clothes they were wearing. He went on to say "no bread, no haversack, no coppers for their purses." Rather than focusing on what the disciples were not to take it is important to think about what they did take with them. This included love, compassion, forgiveness and understanding.
- Archbishop of El Salvador Oscar Romero had a passion for being more rather than having more. He encouraged his congregations to aspire not to have more but to BE MORE. This is the theme of a campaign by Caritas which is encouraging young people to be more and to tackle social injustices in their lives.



Mark 6: 7 - 9

Then Jesus went around teaching from village to village. Calling the Twelve to him, he sent them out two by two and gave them authority over evil spirits. These were his instructions: "Take nothing for the journey except a staff—no bread, no bag, no money in your belts. Wear sandals but not an extra tunic.

Some things to think about...

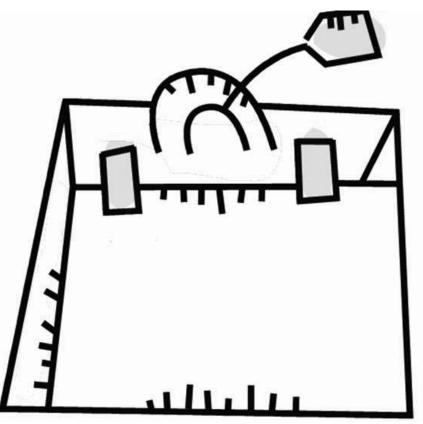
- Jesus requested that his disciples take nothing with them. Can you imagine leaving for journey taking nothing with you?
- Jesus knew that it was very important that his disciples were not focused on their possessions but on what they could offer the people they met.
- Think about all the things the disciples gave to the people they met like love, respect and compassion.

Activity

In pairs (just like the disciples) think about all the things the disciples took with them. Write or draw these things in the outline of the bag.

Looking at all the things in your bag think about all the ways you could give these to people in your school.

Choose one thing from your ideas of things to do and write it or draw it in the second bag. Decide when you are going to do it.



16th Sunday in Ordinary Time

- Jesus is the Good Shepherd who looks after his flock
- Jesus takes care of his followers as he did the disciples by taking them away to rest
- Disciple and discipline are from the same root in Latin which means "to learn"
- Discipline is about learning good habits which help us to live in the way that Jesus taught
- Being part of Mini Vinnies and helping others is part of being a good disciple of Jesus
- There are people in our lives who show us how to be good followers of Jesus such as parents, teachers, friends, members of our parish Vinnies Conference.
- "Let us do good, let us do all the good we can, and trust God for the rest."



Mark 6:30-34

After the apostles returned to Jesus, they told him everything they had done and taught. But so many people were coming and going that the apostles did not even have a chance to eat.

Then Jesus said, "Let us go to a place where we can be alone and get some rest." they left in a boat for a place where they could be alone. But many people saw them leave and figured out where they were going. So people from every town ran on ahead and got there first.

When Jesus got out of the boat, he saw the large crowd that was like sheep without a shepherd. He felt sorry for them and started teaching them many things.

Some things to think about...

- Jesus is the Good Shepherd
- A shepherd looks after his flock and guides them in the right direction
- Jesus gives us guidance in the way to live our life
- Followers of Jesus are called disciples

Activity

Who are people who show you how to follow God's word? Someone who challenges you to act fairly

Someone who is honest with you even when it is difficult

Someone who encourages you to be your best self

Someone who helps you understand God's love for you



17th Sunday in Ordinary Time

- In the Gospel Jesus invites his disciples to take a risk
- The boy offers what he has even though it seemed very little in the face of so many people
- There are times in life when we are faced with a problem and our resources seem very limited but if we offer what we have to Jesus and ask for his help then we can achieve more than we could imagine.
- Jesus fed the people because they were hungry and we are called to feed the hungry as well
- There are Special works of the St Vincent de Paul Society which aim to feed the hungry such as:
- Night Patrol which offers food and friendship to people on the streets at night. There are Night Patrol vans operating in Sydney (City, Liverpool, Parramatta, Broken Bay) and in Canberra who cater to some 60, 000 homeless street people each year.
- Drop-in and meal centres are places that people can come to and get a meal
- Home Visitation the majority of people that we help through home visitation are helped with food vouchers



Jn 6:1-15

When Jesus saw the large crowd coming toward him, he asked Philip, "Where will we get enough food to feed all these people?" He said this to test Philip, since he already knew what he was going to do. Philip answered, "Don't you know that it would take almost a year's wages just to buy only a little bread for each of these people?"

Andrew, the brother of Simon Peter, was one of his disciples. He spoke up and said, "there is a boy here who has five small loaves of barley bread and two fish. But what good is that with all these people?"

The ground was covered with grass, and Jesus told his disciples to have everyone sit down. About five thousand men were in the crowd.

Jesus took the bread in his hands and gave thanks to God. Then he passed the bread to the people, and he did the same with the fish, until everyone had plenty to eat. The people ate all that they wanted and Jesus told the disciples to gather up the leftovers so that nothing would be wasted. The disciples gathered them up and filled twelve large baskets with what was leftover from the five barley loaves.

Some things to think about...

- Jesus took the little that the boy offered and turned it into enough to feed everyone
- Sometimes we think that what we have to give is only very small and the need is very great
- If we join with Jesus then our small gift can do much more than we could ever imagine

Activity

Make a list of things that you can share with others like the boy in the Gospel. Write a prayer asking Jesus to help you share one of these things with your Mini Vinnies groups

The Transfiguration

Materials needed for the activity Paper Coulored pencils/crayons

Teacher's Notes

Transfiguration means a change or metamorphosis that glorifies and exults.

- Jesus showed his disciples his transfiguration in order to give them a foreshadowing of how he would be after he rose from the dead
- Jesus wanted his disciples to witness his transfiguration so that it would help them have courage to face the difficulties that lay ahead.
- God wants us to listen to Jesus and we show that we listen to Jesus by doing what he asked us to do, which is to love one another.
- The purpose of Mini Vinnies is to help people in your school community and nearby who are in need. By helping people you are showing that you listen to Jesus and do what he says.
- Perhaps the Mini Vinnies group could think of a special project that they could do this week.



The Transfiguration

Mark 9:2-10

Jesus took Peter, James, and John with him. They went up on a high mountain, where they could be alone. There in front of the disciples, Jesus was completely changed. And his clothes became much whiter than any bleach on earth could make them. Then Moses and Elijah were there talking with Jesus.

Peter said to Jesus, "Teacher, it is good for us to be here! Let us make three shelters, one for you, one for Moses, and one for Elijah." But Peter and the others were terribly frightened and he did not know what he was talking about.

The shadow of a cloud passed over and covered them. From the cloud a voice said, This is my Son, and I love him. Listen to what he says!" At once the disciples looked around, but they saw only Jesus.

As Jesus and his disciples were coming down the mountain, he told them not to say a word about what they had seen, until the Son of Man had been raised from death. So they kept it to themselves. But they wondered what he meant by the words, "raised from death".

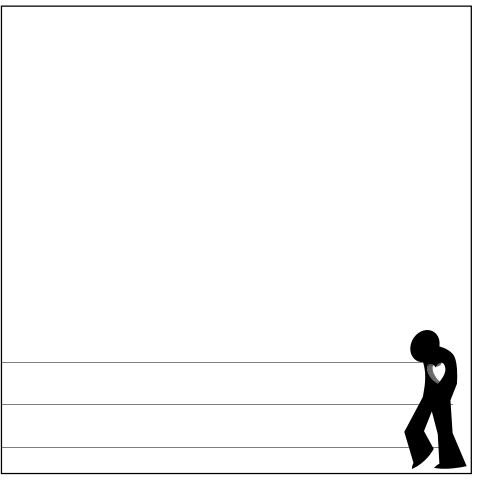
Some things to think about...

- Jesus was transfigured in order to show his disciples what he would be like after he rose from the dead.
- Jesus only took the three apostles that were closest to him to experience his transfiguration.
- God's voice told the disciples to listen to Jesus

Activity

Draw a picture of the transfiguration.

God wants us to listen to Jesus – write some ways that you can listen to Jesus underneath your picture.



19th Sunday in Ordinary Time

- Sr Rosalie Rendu taught Frederic that above all, he was not to judge the poor.
- Rosalie became a mentor to Frederic in his apostolic work as a layman. She taught him how to minister to the poor with love, respecting their dignity as human beings created in God's image and likeness. Taken from 'Reflections on the Life of Blessed Frederic Ozanam'
 "Be kind and love, for love is your first gift to the poor. They will appreciate your kindness and your love more than all else you can bring them. If you wish to be loved, you must love, and if you have nothing to give, give yourself." Sr Rosalie Rendu
- Often when we go to people in need, the material assistance we offer does not compare to the time and friendship we offer to people in need.
- By offering love and kindness, we respect the dignity of the people whom we assist and treat them as Christ treated others.
- Frederic found inspiration in the gospels when trying to 'see and serve Jesus in the suffering of the poor man.' In his love and caring for the poor and outcasts of his time, Jesus Christ had supported his words with great acts of compassion. Taken from 'A Man for our Time The Story of Frederic Ozanam'



19th Sunday in Ordinary Time

St Paul to the Ephesians 4:31-5:2

Brothers and sisters:

Stop being bitter and angry and mad at others.

Don't yell at one another or curse each other or ever be rude.

Instead, be kind and merciful, and forgive others, just as God forgave you because of Christ.

Do as God does. After all, you are his dear children. Let love be your guide."

Some things to think about...

- It's challenging not to be angry at someone when they have treated you badly.
- It's especially hard to 'let love be your guide' when you have illfeelings towards someone or if you don't know them.
- Rosalie Rendu told Frederic when he was helping the poor, "Be kind and love, for love is your first gift to the poor. They will appreciate your kindness and your love more than all else you can bring them. If you wish to be loved, you must love, and if you have nothing to give, give yourself."
- How do we do this?

Activity

Find a partner in your Mini Vinnies group.

Share with your partner a time when someone has mistreated you.

- How did you feel?
- How did you react?
- How would you let love be your guide in this situation?

What do you think Rosalie meant when she said, "Be kind and love, for love is your first gift to the poor." Share this with your partner.



St Vincent de Paul Society good works

20th Sunday in Ordinary Time

Materials needed for the activity Paper Pencils & Textas Sticky tape Glue Bibles

Teacher's Notes

- Frederic heard God's call and accepted the invitation to do God's work on earth.
- A friend wrote about Frederic:

"He has the sacred fire. There is such an air of interior conviction in this man, that without the appearance of doing so, he convinces and moves you. Frederic's sacred fire was faith. Faith for Frederic Ozanam was indeed a living reality that permeated his entire being; it was his 'second sight'. Frederic proclaimed his faith openly and staunchly during a time of great complexity in French history ... For Frederic, faith was truth lived out." Taken from 'Reflections on the Life of Blessed Frederic Ozanam'



Psalm 34:1-2, 9-10

Taste and see the goodness of the Lord.

I will always praise the Lord.

With all my heart,

I will praise the Lord.

Let all who are helpless listen and be glad.

Some things to think about...

The goodness of the Lord is all around us ...

- in nature
- in our friends and family
- in stories, e.g., the bible
- It is up to us whether we choose to see God in the world that is around us.
- God invites us all to hear his message. It is up to us to accept that invitation.
- Frederic heard God's call and accepted the challenge.

Activity

Collect a piece of paper from your leader. You are going to make a collage which shows what God's goodness means to you.

- 1. Go out into the school yard and collect anything (twigs, flowers, bark etc) that you can see God's goodness in (stick these on your collage)
- 2. Think about your family and friends and things they have done for you that have shown you God's goodness (draw these on your collage)
- 3. Look through the bible and pick out a story that shows God's goodness (write a quote on your collage)



Teacher's Notes

- Family was very important to Frederic Ozanam. Below is the story of Frederic's parents taken from 'Reflections on the Life of Blessed Frederic Ozanam'.
- The Ozanams, Frederic's parents, learned much from the school of life: the horrors of revolution, the ravages of war, the vulnerability of bankruptcy, the death of one child after another, the necessity of relocation, and the pursuit of several careers. Yet through these experiences, their Christian faith endured.
- Frederic described his father, Dr. Jean-Antoine-Francois Ozanam, as a man of:

"ardent faith, a noble character, [with] a high regard for justice, a tireless charity towards the poor. He loved science, art and work. He inspired us with a taste for the beautiful and the sublime."

- Frederic also spoke in glowing terms of his mother, Marie Ozanam. He credits her with teaching him the faith in word and action. Frederic refers to her as "saintly." He writes: "It is at her knees that I learned to fear you, O Lord! and from her looks to love You."
- Prayer:

Loving God, thank you for my parents. Thank you for all they have given me from the instant of my creation to this moment in time. Thank you for the gift of your compassion and love. Bless my parents, now and forever with happiness, joy and peace. Amen.

- Like God gave Moses the Ten Commandments to pass on to the Chosen People, the St Vincent de Paul Society has "The Rule" which is the framework which all involved with the Society work within.
- You can check out the Rule and other Society publications as www.vinnies.org.au and click on the link 'publications'.



21st Sunday in Ordinary Time

Activity

St Paul to the Ephesians 6:1-4

Children, you belong to the Lord,

and you do the right thing when you obey your parents.

The first commandment with a promise says,

"Obey your father and mother,

and you will have a long and happy life."

Parents, don't be hard on your children.

Raise them properly.

Teach them and instruct them about the Lord.

Some things to think about...

- Family is an important part of life.
- We call God, 'Our Father' and Jesus 'Our Brother". We are part of this very important family.
- Even your school community and Mini Vinnies group can be described as a very special family.
- God gave us The Commandments so we can live as one happy family on earth.

St Vincent de Paul Society good works

Write 5 commandments about how we should act in our Mini Vinnies group ...

a very special group of the St Vincent de Paul Society family.

22nd Sunday in Ordinary Time

Materials needed for the activity Newspapers Pens

Teacher's Notes

Vincent was a humble man. He always gave glory to God for everything he accomplished in his life.
 "Let us stop saying, "It is I who have done this work."

For every good thing ought to be done in the name of our Lord Jesus Christ."

St Vincent de Paul

• Humility is one of the core aspects of being a Christian and truly following Jesus. It is about being truthful with ourselves about our life. God created us and it is through him that we move and have our being. Without God we could not do anything, let alone anything good.



Communion Antiphon

Happy are the peacemakers;

they shall be called children of God.

Happy are they who suffer persecution for justice sake; the kingdom of heaven is theirs.

Some Things to Think About...

- All of us are called to be peacemakers.
- Frederic and St Vincent were doing their bit for peace by helping those less fortunate than themselves.
- Everything they did, was as a result of following the example of Jesus. St Vincent said,

"Let us stop saying,

"It is I who has done this work."

For every good thing ought to be done in the name of our Lord Jesus Christ."

Activity

Collect some newspapers.

Read the stories from Australia and around the world.

Can you find stories of peacemakers in our world?

Write down some examples below of how you can be peacemakers within your school.

How I Can Be a Peacemaker...

What is something that you could do for, or give to, someone else as an anonymous gesture of kindness. Discuss why remaining anonymous could be important or significant. How does this add to being peacemakers in our world?



23rd Sunday in Ordinary Time

- As Christians we are called to treat people equally regardless of their social status, culture, religion or background.
- The St Vincent de Paul Society's Rule states that "The Society serves those in need regardless of creed, ethnic or social background, health, gender, or political opinions" (The Rule 1.4)
- The Rule also states that "Vincentians serve the poor cheerfully, listening to them and respecting their wishes, helping them to feel and recover their own dignity, for we are all created in God's image. In the poor, they see the suffering of Christ.... Vincentians endeavour to establish relationships based on trust and friendship. Conscious of their own frailty and weakness, their hearts beat with the heartbeat of the poor. They do not judge those they serve, rather they seek to understand them as they would a brother or sister" (The Rule 1.8-1.9)
- Our Mini-Vinnies members are called to show the same understanding, compassion and equality in their dealings with all people.



23rd Sunday in Ordinary Time

James 2:1-5

My friends, if you have faith in our glorious Lord Jesus Christ, you won't treat some people better than others.

Suppose a rich person wearing fancy clothes and a gold ring comes to one of your meetings. And suppose a poor person dressed in worn-out clothes also comes.

You must not give the best seat to the one in fancy clothes and tell the one who is poor to stand at the side or sit on the floor. That is the same as saying that some people are better than others, and you would be acting like a crooked judge.

My dear friends, pay attention. God has given a lot of faith to the poor people in this world. He has also promised them a share in his kingdom that he will give to everyone who loves him.

Some things to Think About...

- Can you think of people in your own school who get treated better than others? For what reasons?
- What about in the wider community? Can you think of groups of people in our society who don't get treated as well as others? Why don't they receive the same treatment?

Activity

Divide into 2 groups

Group 1 is to create a role play based on the scenario below where Miriam is treated differently to Kelly

Group 2 is to create a role play where Kelly and Miriam are both welcomed into the group and treated equally.

Each group is to act out their role play

Scenario: 2 new students have decided to join your Mini-Vinnies group. One of the students, Kelly, is very popular, really good at sport, has lots of friends, always wears fashionable clothes and comes from a wealthy family. The other student, Miriam, is new to the school, doesn't have any friends and comes from a very poor family. Other children comment that Miriam looks dirty and no-one wants to play with her.

24th Sunday in Ordinary Time

Materials needed for the activity Butchers paper textas

Teacher's Notes

- As Christians we are called to put our faith into action by following Jesus' example of love and service to all people
- "Inspired by the person of Jesus Christ and the Gospel values, the St Vincent de Paul Society, leads men and women to join together to grow spiritually by offering person-to-person service to those suffering and in need, in the tradition of its founder Blessed Frederic Ozanam" (A Passion for Justice, 65)
- "The aim of the Society is to provide a means whereby members can live out their Christianity by loving their neighbours in the person of those in need" (A Passion for Justice, 65)
- "The main objective of the Society is to respond to the Gospel in the way Frederic Ozanam and St Vincent de Paul did:
 - "I was hungry and you gave me food
 - I was thirsty and you gave me drink
 - I was a stranger and you gave me friendship
 - I was naked and you gave me clothes.
 - I was sick and you comforted me.
 - I was in prison and you visited me."

(A Passion for Justice, 66)



24th Sunday in Ordinary Time

James 2:14-18

My friends, what good is it to say you have faith, when you don't do anything to show that you really do have faith? Can that kind of faith save you?

If you know someone who doesn't have any clothes or food, you shouldn't just say, "I hope all goes well for you. I hope you will be warm and have plenty to eat.

What good is it to say this, unless you do something to help? Faith that doesn't lead us to do good deeds is all alone and dead!

Suppose someone disagrees and says, "It is possible to have faith without doing kind deeds." I would answer, "Prove that you have faith without doing kind deeds, and I will prove that I have faith by doing them."

Some things to think about...

- How do you show that you are a follower of Jesus?
- What does it mean to be a follower of Jesus? Is it enough to just say that you are or do you need to show it?

Activity

Make a list of 5 things your Mini-Vinnies group can do to show that you are followers of Jesus

Over the next 5 weeks see if you can do one of the 5 things each week.

Cross each one off your list as you do them.

St Vincent de Paul Society good works

25th Sunday in Ordinary Time

- Materials needed for the activity Cardboard cut-out seeds Textas/crayons Blue tac or Real seeds Stakes Labels
- In this reading James lists some of the qualities that come from "above" and help to create peace and justice. These qualities include friendliness, gentleness, sensibility, kindness, helpfulness and sincerity.
- James claims that by being peacemakers we help to plant seeds of justice.
- The St Vincent de Paul Society's Rule (5th Edition, p 20) talks of Justice consisting of all people having what is their due, their right. "Our actions of charity and justice should result from the value of all individuals, of their dignity and their right to a share of God's gifts, the world's resources in spite of the material and moral misery which afflicts them. In all our charitable actions, we search for justice, and we are encouraged by the Church to do this, to play our part in creating a more equitable social order."
- Social justice occurs when all members of a society have equal access to the opportunities offered by that society, and when all members of that society share equally the burden of sustaining that society.
- Pope John Paul II said in 1997 at the beatification of Frederic Ozanam: "He understands that charity should lead us to work for the elimination of injustices. Charity and justice go together"



25th Sunday in Ordinary Time

James 3:17-18

Brothers and sisters:

The wisdom that comes from above leads us to be pure, friendly, gentle, sensible, kind, helpful, genuine and sincere.

When peacemakers plant seeds of peace, they will harvest justice.

Some things to think about...

- In what ways can I be a peace-maker at home, at school and in the wider community?
- What is justice? Can you think of any examples of injustice in your school or in the wider community?
- How might being "pure, friendly, gentle, sensible, kind, helpful, genuine and sincere" help to bring about justice?

Activity

Give each student a cut-out seed.

Each student is to write on their seed one thing they can do to bring about peace in their family, school, community or world. Seeds can then be put up around the classroom.

OR

You may wish to make this into an environment activity.

Set aside an area in the school to create a "Justice Garden"

Give each student a seed and have them think a characteristic associated with justice into that seed. Eg. Compassion, understanding etc

Each student is then asked to plant their seed in the garden.

You may wish to put a labelled stake in the ground where each of the seeds were planted detailing the aspect that was planted there.

Do as God does. After all, you are his dear children.

Let love be your guide.

Go for a walk in the playground.

Spend some time looking around ...

in the garden, at the sky, at the buildings around you, at other people you see.

How is God present in all these things?

Collect some things from nature, e.g., fallen leaves, fallen flowers.

Choose a story from the bible that expresses the goodness of God all around us.

Re-write that story on a piece of paper and decorate it with the nature items which you have collected.

Share with your Mini Vinnies group how the story you chose expresses the goodness of God.



26th Sunday in Ordinary Time

- The reality of volunteering is that not everyone is grateful for the assistance they receive.
- It can be challenging to continue giving when it doesn't feel like anyone notices or appreciates the good work that you are doing.
- The film "Pay It Forward" follows the story of a young boy who tries to begin a good works chain reaction without hoping for something in return. Below is short summary of the film, this may be something that some of your students have already seen and can talk about with the group.
- Perhaps as a group you could watch the movie together (but please watch it yourself first to ensure it is appropriate for your age group)

A film of surprising majesty mainly because of its sincerity to convey the tale of a young high school student, who, at the instigation of his new teacher's challenge to the class, comes up with a beautiful and simple plan to make a difference in the world, involving doing a good turn to not just one person but three, who then, in turn, return the gift themselves to three more people, thereby very quickly spreading goodness in both directions, in the giving and receiving, in the most unlikely places and ways.

http://www.imdb.com/title/tt0223897/



26th Sunday in Ordinary Time

Activity

Communion Antiphon

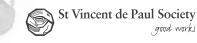
O Lord, remember the words you spoke to me, your servant, which made me live in hope and consoled me when I was downcast.

Some things to think about...

- Sometimes it is hard to continue helping people when they don't seem to be grateful for your assistance.
- It is important to remember that it doesn't matter if they say thank you or not that is not why we help people.
- Jesus instructed us not to seek recognition for good works, but to do all things in private as God the father sees all things done in private and he approves.

Do something for someone without them knowing it was you who did it.

Challenge yourself to do one anonymous thing a day for 7 days – see how wonderful it makes you feel – doing good works in private.



27th Sunday in Ordinary Time

Materials needed for the activity Paper Pens Photos of the mini vinnies group

Teacher's Notes

- St Vincent de Paul Society was started by a 19 year old student named Frederic Ozanam.
- He had a passion for justice and for ensuring that people were treated equally and fairly.
- As Frederic was a young person the Society has always had a youthful spirit and enthusiasm.

"Founded by young people for young people whose bond continues throughout their life, the spirit of youth is an original and permanent characteristic of the St Vincent de Paul Society... The spirit of youth is dynamism, enthusiasm and moving towards the future. It is a generous acceptance of risks, it is creative imagination, in other words, above all adaptability."

(The Rule of the St Vincent de Paul Society, 1991.)



27th Sunday in Ordinary Time

Mark 10: 13 - 16

People were bringing little children to Jesus to have him touch them, but the disciples rebuked them. When Jesus saw this, he was indignant. He said to them, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. I tell you the truth; anyone who will not receive the kingdom of God like a little child will never enter it." And he took the children in his arms, put his hands on them and blessed them.

Some things to think about...

- Jesus wants to hear what little people have to say.
- Frederic Ozanam was only 19 years old when he started the St Vincent de Paul Society in France. Young people in the Society are just as important as all the older members and volunteers.
- Young people do make a positive contribution and make a difference.
- We are very proud of the Mini Vinnies group and all the fantastic work they do. One Mini Vinnies group in NSW supported a struggling football team in their area by collecting pre-loved football boots for them. All up over 30 pairs of boots were collected and donated to the team who gratefully accepted them.

Activity

What is something that your Mini Vinnies group has done that you are proud of?

Write an article about what your group has achieved and give it to your school's principal. If you have any photos of your Mini Vinnies group stick one onto the article.

28th Sunday in Ordinary Time

- The Mission Statement of the St Vincent de Paul Society calls on us to share "who we are and what we have with the poor on a person-toperson basis."
- We can share many things with those who are less fortunate in our community.
- Material possessions we have grown out of ... toys we are too old for or clothes that don't fit us anymore.
- We can always remember in our prayers those people who suffer in our world in all sorts of ways. We can do this when we pray on our own or in our school liturgies.
- Sharing ourselves who we are can be as simple as smiling to someone in the playground, saying hello to someone in the morning, or making friends with someone who is alone in the playground.
- Sr. Rosalie Rendu became a mentor to Frederic Ozanam in his apostolic work as a layman. She taught him how to minister to the poor with love, respecting their dignity as human beings created in God's image and likeness.

Taken from 'Reflections on the Life of Blessed Frederic Ozanam'

"Be kind and love, for love is your first gift to the poor. They will appreciate your kindness and your love more than all else you can bring them. If you wish to be loved, you must love, and if you have nothing to give, give yourself."

Sr Rosalie Rendu

- Often when we go to people in need, the material assistance we offer does not compare to the time and friendship we give.
- By offering love and kindness, we respect the dignity of the people whom we assist and treat them as Christ treated others.



28th Sunday in Ordinary Time

Mark 10:17-30

"Good master, what must I do to inherit eternal life?"

Jesus said, "Go and sell everything you own and give the money to the poor, and you will have riches in heaven, then come follow me."

Some things to think about...

- What do you think Jesus' words "Go and sell everything you own" might mean for us today?
- How can we, in our Mini Vinnies groups and in our families, share some of what we have with those who are less fortunate in our community?
- Frederic and his friends shared what they had with the poor. They shared firewood, food and most of all who they were ... they shared themselves.
- Sr Rosalie Rendu, a friend of Frederic's said:

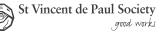
"Be kind and love, for love is your first gift to the poor. They will appreciate your kindness and your love more than all else you can bring them. If you wish to be loved, you must love, and if you have nothing to give, give yourself."

Activity

Write a list of things that you can share with those who are less fortunate in our community.

One way we can share who we are with others is by remembering them in our prayers.

Write a prayer that you can use at your school liturgy remembering those who are less fortunate in our community.



29th Sunday in Ordinary Time

Materials needed for the activity Pieces of paper Pencils and Textas Bibles

Teacher's Notes

Read out or summarise to children:

- Here we see two of Jesus' closest mates getting it all wrong! James and John were asking him, "Can we have an important place in heaven?". You can just imagine Jesus, slapping his forehead "Doh! - Haven't they learned anything?!?" It's a fair call, they'd been traveling around with him for a few years now, and they still didn't get it!
- Jesus then tells them that it's not what he's here for, and it's not what God and heaven is all about. Jesus was God, he had all of the power of God the King of the Universe, but rather than boss people around and get them to bow down to him, he came as a servant! The most powerful person in history came to serve even the lowest people on earth. Wow!
- His words are still relevant to us today, in our Mini Vinnies group: "whoever wants to be great, you must be the servant of all others".



29th Sunday in Ordinary Time

Activity

Mark 10:35-45

James and John, Zebedee's sons, came up to him. "Teacher, we have something we want you to do for us."

"What is it? I'll see what I can do." Jesus replied.

"Arrange it," they said, "so that we will be awarded the highest places of honor in your glory – one of us at your right, the other at your left."

Jesus said, "You have no idea what you're asking!"

[Jesus said] "Whoever wants to be great must become a servant. Whoever wants to be first among you must be your slave. That is what the Son of Man has done: He came to serve, not to be served"

Some things to think about...

- Jesus could have been the greatest King ever, but he chose to serve people instead
- What would people have felt like, to have someone as important as Jesus serving them?
- If we are following Jesus' example, how should we treat other members of our Mini Vinnies group?
- How should we treat other people in our school e.g. people younger or smaller than us?

Activity

Draw a Picture or write a story about someone powerful serving someone else, helping them rather than bossing them around.



St Vincent de Paul Society good works

30th Sunday in Ordinary Time

Materials needed for the activity Markers Butchers Paper

Teacher's Notes

In the Gospel Jesus cures a blind man.

- Jesus was always looking for ways to practically help people, not just wishing them well and then leaving but rather physically giving them what they needed.
- Jesus asks the man what he wants he doesn't just assume that he knows what the man needs or wants.
- By way of home visitation, St Vincent de Paul Society members give those experiencing poverty and hardship a chance to talk about their problems and to ask for assistance. No work of charity is foreign to the Society, and as such we assist people with a range of different problems.
- Examples of disadvantaged groups for the activity below could be: the elderly; single mothers; people with disabilities; or people experiencing homelessness.



30th Sunday in Ordinary Time

Mark 10:46-52

Jesus and his disciples went to Jericho. And as they were leaving, they were followed by a large crowd. A blind beggar by the name of Bartimaeus son of Timaeus was sitting beside the road. When he heard that it was Jesus from Nazareth, he shouted, "Jesus, Son of David, have pity on me!"

Many people told the man to stop, but he shouted even louder, "Son of David, have pity on me!"

Jesus stopped and said, "Call him over!"

They called out to the blind man and said, "Don't be afraid! Come on! He is calling for you."

The man threw off his coat as he jumped up and ran to Jesus. Jesus asked, "What do you want me to do for you?"

The blind man answered, "Master, I want to see!"

Jesus told him, "You may go. Your eyes are healed because of your faith."

Right away the man could see, and he went down the road with Jesus.

Some things to think about...

- Jesus doesn't assume that he knows what the man wants he asks him.
- Jesus doesn't tell the man that he should be able to solve this problem himself, or that he is really sorry about it, or that he should come back in a few weeks – he simply gives him what he needs straight away without question.
- If Jesus asked you the question: "What do you want me to do for you?" How would you respond?

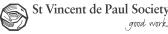
Activity

Think of 3 different groups of people in our community who are disadvantaged in some way.

Write each group on a separate piece of butchers paper eg. The Elderly, The Disabled etc

For each group, think of some of the things that they might need and write your answers on the butchers paper.

Write down some ways that your Mini Vinnies group could assist these groups.



31st Sunday in Ordinary Time

- Moses encourages his people to respect and follow the commandments and laws given to them by God.
- The Ten Commandments are:
 - 1. You shall have no gods except me
 - 2. You shall not worship idols
 - 3. You shall not misuse the name of God
 - 4. Keep the Sabbath holy
 - 5. Honour your father and mother
 - 6. You shall not kill
 - 7. You shall not commit adultery
 - 8. You shall not steal
 - 9. You shall not give false evidence against your neighbour
 - 10. You shall not set your heart on your neighbour's possessions

Taken from Exodus 20:3-20)

- Jesus gave us 2 great commandments: "Listen Israel, the Lord your God is the one Lord, and you must love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength. The second is this: you must love your neighbour as yourself." (Mk 12: 28-34)
- Moses tells us that if we live the way God asks us to we will be able to live as one peaceful, happy family on earth.
- Frederic Ozanam, the founder of the St Vincent de Paul Society, heard God's call and accepted the invitation to do God's work on earth.

31st Sunday in Ordinary Time

Deuteronomy 6:2-6

Moses said to the people: "You, your children, And all your descendants must respect the LORD. And as long as you live, You must obey all of his laws and commands that I am teaching you.' If you do this, you will live a long time. "People of Israel, Listen carefully and obey all these laws. Your nation will grow strong, and you will prosper in this land that is rich in milk and honey. This is what the LORD God of your ancestors has promised you. "Listen, people of Israel! Only the LORD is our God. You must love the LORD with all your heart, soul, and strength. Don't forget anything that I am telling you today."

Some things to think about...

- God gave us the commandments so we can live as one happy family on earth
- God invites us all to hear his message. It is up to us to accept that invitation.
- Frederic Ozanam heard God's call and accepted the challenge.

Activity

Write your own 5 commandments about how we should act in our Mini Vinnies group.....

A very special group of the St Vincent de Paul Society family.

32nd Sunday in Ordinary Time

- In this reading Jesus asks us to be like the poor widow who gave her last two coins to the poor.
- We are challenged by Jesus to give more than what is comfortable or easy; to make a sacrifice.
- There are many examples in our world of people who have made such a sacrifice and given of their whole selves for others. St Vincent de Paul, Frederic Ozanam, Charles O'Neill (who brought the St Vincent de Paul Society to Australia) and Mother Theresa are just a few of these examples.
- We can give other things besides coins, such as our time, treasures and talents.
- The St Vincent de Paul Society runs a special programme to help give young people in developing countries an education. The programme is called Assist-A-Student. For just \$70 per year you can send a child or young person to school for a whole year. Perhaps your Mini-Vinnies group could raise \$70 each year to assist a student in India, Thailand, the Philippines, Papua New Guinea, East Timor, or one of the other countries we assist.



32nd Sunday in Ordinary Time

Activity

Re-write the story from the point of view of the poor widow.

Re-write the story from the point of view of the rich man.

You too can give of your time, treasures and talents – the 3 T's! Make a list of what you can give to the poor in your family, school and local community under the headings:

- * Time
- Treasures
- Talents

Mark 12:41-44

Jesus was sitting in the temple near the offering box and watching people put in their gifts. He noticed that many rich people were giving a lot of money.

Finally, a poor widow came up and put in two coins that were worth only a few pennies.

Jesus told his disciples to gather around him. Then he said:

"I tell you that this poor widow has put in more than all the others. Everyone else gave what they didn't need. But she is very poor and gave everything she had. Now she doesn't have a cent to live on."

Some things to think about...

- Jesus asks us to give with our whole hearts, not just what is left over.
- It doesn't matter how much we give.
- Think about who is poor in your family, school and local community. In what way are they poor or in need of assistance?



33rd Sunday in Ordinary Time

Materials needed for the activity Photocopy and enlarge the picture below onto a separate piece of paper for each student Pencils and Textas

Teacher's Notes

- Frederic Ozanam died at the age of forty, leaving behind a wife and daughter and the beginnings of an international organisation dedicated to his teachings.
- A letter Frederic wrote to his wife:

"...We shall meet again in the abode love, and under the eyes of the good God Himself we shall love one another with a love that will know no end."

Taken from 'Reflections on the Life of blessed Frederic Ozanam'

- Mother Teresa worked very closely with the poor and disadvantaged in India, and she said: "We think sometimes poverty is only being hungry, naked and homeless. The poverty of being unwanted, unloved, uncared for is the greatest poverty..."
- The Gospel teaches us that God loves us beyond death and that we are never alone or unloved.
- How can we help people who feel unwanted, unloved, uncared for?



33rd Sunday in Ordinary Time

Activity

Mark 13:24-32

"...Learn the lesson of the fig tree. When its branches sprout and start putting out leaves, you know that summer is near. So when you see these things happening, you will know that the time has almost come. You can be sure that some of the people living today will still be alive when it all happens. The sky and the earth will not last forever,

but my words will ... "

Some things to think about...

- Many animals and plants die to be reborn or create new life. For example, a grain of wheat needs to die before it can grow; just as a caterpillar is transformed to become a butterfly.
- Jesus died for us on the cross so that we can be one with him in prayer and Eucharist. As we grow, our relationship with Jesus grows just like a seed grows into a giant oak tree.
- There will be times in our lives when we feel unloved or down on ourselves, but we need to remember that God loves us and has sent us Jesus to help us and to be our friend until the end of time

Distribute handouts with leaf and hands graphics on them. Each student is to write their name on the leaf in the middle of the handout. Students then pass their paper around the class. As the paper is passed around, students write something nice about that person in the hands. Continue until the papers have returned to their original person. Students may choose to be anonymous.

Jesus said "Love one another as I have loved you." Let us show each other that we are wanted and belong.







34th Sunday in Ordinary Time

- On the feast of Christ the King we celebrate that Christ is the ruler of all
- The gospel reading reveals that Christ is both human and divine
- Jesus came into the world to save us and to bring about the kingdom of God on earth
- Jesus is not a king who lords it over his people, rather he is gentle, loving and cares for us
- The kingdom of God exists wherever love is present in the world, therefore it is already present among us
- However there is still a lot of suffering in the world and we need to work to make God's love more present in the world
- We make God's love present in the world by loving others
- Members of the St Vincent de Paul Society work to bring about God's kingdom on earth by loving those who are marginalized and outcast in our community.



34th Sunday in Ordinary Time

Activity

John 18:33-37

Jesus answered, "My kingdom does not belong to this world. If it did, my followers would have fought to keep the Jewish leaders from handing me over to you. No, my kingdom does not belong to this world."

"So you are a king," Pilate replied.

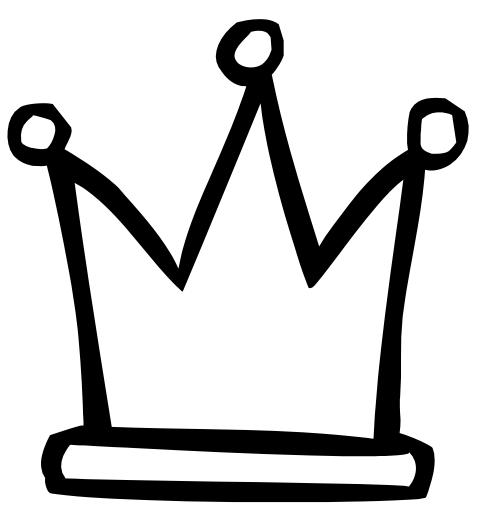
"You are saying that I am a king," Jesus told him.

"I was born into the world to tell about the truth. And everyone who belongs to the truth knows my voice."

Some Things to Think About...

- Jesus is king.
- A king is a ruler or leader
- What sort of a King do you think Jesus would be?
- Jesus says that his kingdom is not of this world. What do you think he means by this?

Inside the crown below, write a list of all the things you can do to help bring about God's Kingdom on earth.



Ist Sunday of Advent

- The Season of Advent is one of vigilant waiting and expectation.
- The first part of the Season of Advent directs the eyes of our faith to the fullness yet to be revealed when the spirit-inspired vision of the prophets ... will become full reality. (Lectionary for Masses with Children)
- The colour for Advent is purple. Purple signifies a time of expectancy and hope-filled longing, pregnant with anticipation for the incarnation of our loving God (*Spiritual Reflection Guide Oct-Dec*)
- This week's readings from Jeremiah and Luke speak of being on the lookout, being alert to be sure not to miss this wondrous event Emmanuel "God-with-us" (Spiritual Reflection Guide Oct-Dec)
- In the lead-up to Christmas we prepare our gifts to give but we can also prepare ourselves to receive and God can sometimes be wrapped in the most unlikely covering. (*Spiritual Reflection Guide Oct-Dec*)



Ist Sunday of Advent

Jeremiah 33:14-16

I, the Lord, say this:

The time is coming when I will keep the promise I made to the people of Israel and Judah. I will choose a ruler from the family of David, and he will be completely fair to everyone.

Judah will be safe.

Jerusalem will have peace, and it will be named, "The Lord our Protector!"

Some Things to Think About...

- This week is the first week of Advent, a time when we prepare for the coming of Jesus at Christmas.
- The Church's colour for Advent is purple.
- The colour purple signifies hope and longing during advent we wait with hope and longing for the birth of Jesus.

Activity

Christmas can be a very stressful and tough time for many people who are experiencing poverty, loneliness and hardship.

During Advent we are called to prepare ourselves for the coming of Jesus.

On a sheet of butchers paper, make a list of the ways your Mini Vinnies group can prepare for receiving God at Christmas time by doing good deeds for other people.

You may wish to make a To-Do list for each of the 4 weeks of Advent and tick off the lists as you achieve each task.



2nd Sunday of Advent

Materials needed for the activity Paper Coloured pencils/textas

- Baptism comes from the Greek word 'bapto' which means to wash, or immerse. Hence, it signifies the sacramental washing by which the soul is cleansed from sin at the same time that water is poured upon the body.
- Luke's Gospel tells us about the opening of Jesus' ministry as foretold by John the Baptist. John calls on us to prepare our hearts and lives for the coming of the Lord. (Spiritual Reflection Guide October December 2006)
- Advent is a time to prepare ourselves for the coming of the Lord. It is a time to "gather up the loose ends and spruce up our spiritual lives. It is a time to fill in the valleys of alienation and neglect, a time to plane the rough edges of our selfishness and pride, and strengthen the twists in the paths of our criticism and judgemental attitudes" (Spiritual Reflection Guide October – December 2006)
- Love of God is intrinsically connected to love of neighbour. Subsequently, our readiness to encounter and love our neighbour makes us open to God as well. This is one way we can prepare ourselves for the coming of Jesus at Christmas.



2nd Sunday of Advent

Luke 3:1a, 2-6

For fifteen years, Emperor Tiberius had ruled that part of the world, and Annas and Caiaphas were the Jewish High Priests. At that time, God spoke to Zechariah's son John, who was living in the desert.

So John went along the Jordan Valley, telling the people, "Turn back to God and be baptised! Then your sins will be forgiven." Isaiah the prophet wrote about John when he said,

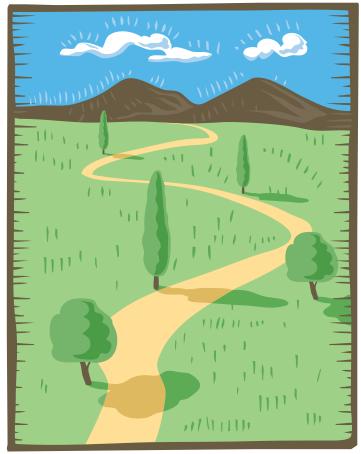
"In the desert someone is shouting, 'Get the road ready for the Lord! Make a straight path for him! Fill up every valley and level every mountain and hill. Straighten the crooked paths and smooth out the rough roads. Then everyone will see the saving power of God.

Some things to think about...

- John the Baptist calls on us to prepare our hearts and minds for the coming of Jesus.
- As Christians we strive to recognise Christ in everyone we meet. One of the ways we can prepare for the coming of Christ at Christmas is to make a special effort to show our love and care for those around us.

Activity

On a piece of paper draw a picture of a "crooked path". On each of the bends in the path write down one thing that you can do personally to prepare yourself for the coming of Christ at Christmas. For example: Saying "sorry" to someone you have hurt, helping out more at home etc.



3rd Sunday of Advent

- In this reading different groups in the crowd ask for direction from John the Baptist as to how they should live.
- John the Baptist's answers focus on being kind, just, and virtuous.
- John the Baptist tells the crowd that they should share what they have with others
- The St Vincent de Paul Society's Mission Statement encourages members to "share who they are and what they have with the poor on a person-to-person basis"
- As Christians and as members of Mini-Vinnies, we are asked to share our time and possessions with others, especially at Christmas.
- You may wish to read the following to students to get them to focus on some of the small ways that they can share with others: *I was hungry and you shared your lunch with me;*
 - I was thirsty and you gave me half your coke;
 - I was cold and you loaned me your jumper;
 - I was different and you told the others not
 - to make fun of me;
 - I was sick and you explained my homework to me;
 - I was grounded and you visited me.
 - As long as you did it for one of these,
 - the least of my brethren,
 - You did it for me.



3rd Sunday of Advent

Luke 3:10-16

The crowds asked John the Baptist, "What should we do?"

John told them, "If you have two coats, give one to someone who doesn't have any. If you have food, share it with someone else."

When tax collectors came to be baptized, they asked John, "Teacher, what should we do?" John told them, "Don't make people pay more than they owe."

Some soldiers asked him, "And what about us? What do we have to do?"

John told them, "Don't force people to pay money to make you leave them alone. Be satisfied with your pay."

Everyone became excited and wondered, "Could John be the Messiah?"

John said, "I am just baptizing with water. But someone more powerful is going to come, and I am not good enough to untie his sandals. He will baptize with the Holy Spirit and with fire."

In many different ways John preached the good news to the people.

Some things to think about...

- In this reading John the Baptist speaks to three different groups of people who, in some ways, hold power over others. His core message to each group is to be just and to share what they have with others.
- If your Mini Vinnies Group were to ask John the Baptist "What should we do?" What do you think he would say?



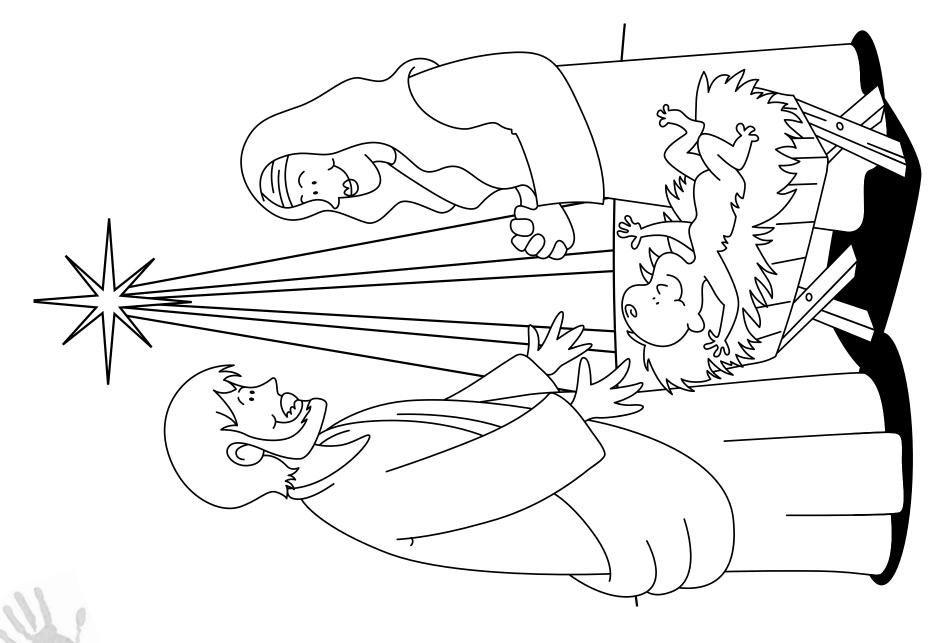
St Vincent de Paul Society good works

Activity

Think of three groups of people in our Society who hold some power over others. Eg, Parents, Politicians, Teachers, Company Bosses etc.

Draw and label a picture of each of these groups in the middle of separate pieces of butcher's paper.

For each group, write some of the things you think John the Baptist would say to them if they were to ask him "What should we do?"



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