

## ACTIVITY:

# THE PRIVILEGE WALK

### Exploring societal privilege that may be taken for granted.

- This activity helps start conversations about societal privilege and disadvantage. The aim is to become more socially aware of the societal privilege or disadvantage effecting ourselves and others. This activity is not intended to attribute blame, but rather open our eyes to the experience of others. Participants do not have to disclose anything they don't feel comfortable disclosing and decide how to respond based on their 'gut' feeling.
- The following statements illustrate societal privilege and disadvantage. Participants should line up shoulder-to-shoulder. As each statement is read allowed, participants should take a step forward ↑ or backward ↓ depending on their response.

### TAKE A STEP FORWARD OR BACK

- ↑ If you are male
- ↑ If you had more than 50 books in your home when you were growing up
- ↓ If you have been impacted by divorce
- ↓ If you are Aboriginal or Torres Strait Islander
- ↑ If English is your first language
- ↑ If you feel good about how your identified culture is portrayed by the media
- ↑ If you felt like you had adequate access to healthy food growing up
- ↑ If you attended private school
- ↓ If your parents ever had to work more than one job to support your family
- ↑ If one of your parents went to University
- ↓ If you have ever felt unsafe walking alone at night
- ↓ If you have a visible or invisible disability
- ↓ If you ever felt ashamed about your clothes or house while growing up
- ↓ If you have ever been the only person of your race/gender/sexual orientation in a classroom or workplace setting

### Stay where you are and look around during the debrief.

### DEBRIEF

- What were some factors of privilege you had not considered before?
- What did it feel like to be at the front, back, and middle of the group?
- What question made you think most?
- If you could add a question, what would it be?
- How can your understanding of your privileges or marginalisation improve your relationships with yourself and others?

